Course: Zang Fu I  OM 321

COURSE DESCRIPTION

The first of a two-course series, Zang Fu I familiarizes students with simple pathology identification and differentiation according to the model of TCM internal medicine. Students learn the basic signs and symptoms for identifying Zang Fu patterns, utilizing the concepts of eight principles, vital substances, and the organ (Zang Fu) theory.

LEARNING OBJECTIVES

Objective: In this class we cover two of the eight methods of pattern differentiation, qi, blood and body fluids, and zang fu. Upon completion of this course, students will be able to differentiate and diagnose simple patterns of pathology and pathogenesis, in accordance to the Zang Fu Theory.

COURSE PREREQUISITIES

Fundamental of OM
TCM diagnosis

REQUIRED TEXTS

Chinese Acupuncture & Moxibustion Edited by C. Xinnong. Revised Edition - "CAM"


Practical Diagnosis – Deng, Tiedao

RECOMMENDED TEXTS

COURSE REQUIREMENTS

25% - Case presentation and discussion participation
25% - quiz#1
25% - quiz#2
25% - quiz#3
GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES
You are allowed two absences (6 hours). 3 tardies (arriving more than 10 minutes late or leaving more than 10 minutes early) will be counted as an absence. Anything over the allowed absence or tardy may either adversely affect your grade, or cause you to be dropped from this course.

**Professionalism and Full and Prompt Attendance:** To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: students who miss more than 2 class meetings in a 10-week course or 1 class meeting in a 7-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be given ½ absence towards attendance. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may earn an F in that class and/or be referred to the Academic Dean for professionalism.

**CLASS ONE**

Introduction TCM diagnosis concept: pattern identification and disease identification
Basic qi pattern introduction
Qi disharmny patterns
Case study project
Discussion

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**CLASS TWO**

Basic blood pattern introduction
Blood disharmony patterns
Case study project
Discussion

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**CLASS THREE**

Zang/Fu and body fluids transformation
The triple burner and water passages
Body fluids disharmony patterns
Case study project
Discussion

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**CLASS FOUR**

Quiz#1
Review quiz#1

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**CLASS FIVE**

Zang Fu pattern identification
Heart and small intestine in Zang Fu Theory
The core symptoms of heart and small intestine
Demonstration of diagnosis in heart and small intestine
Heart and Small Intestine patterns
Case study project
Discussion

CLASS SIX

Lung and Large in Zang Fu Theory
The core symptoms of Lung and Large Intestine
Demonstration of diagnosis in Lung and Large Intestine
Lung and Large Intestine patterns
Case study project
Discussion

CLASS SEVEN

Quiz#2
Quiz #2 review

CLASS EIGHT

Spleen and Stomach in Zang Fu Theory
The core symptoms of spleen and stomach
Demonstration of diagnosis in Spleen and stomach
Spleen and Stomach patterns
Case study project
Discussion

CLASS NINE

Liver and Gallbladder in Zang Fu Theory
The core symptoms of Liver and Gallbladder
Demonstration of diagnosis in Liver and Gallbladder
Liver and Gallbladder patterns
Case study project
Discussion

CLASS TEN

Kidney and urinary bladder in Zang Fu Theory
The core symptoms of kidney and urinary bladder
Demonstration of diagnosis in kidney and urinary bladder
Kidney and urinary bladder patterns
Case study project
Discussion
CLASS ELEVEN

FINAL EXAM

REFERENCE MATERIAL

FACULTY INFO

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